

JOYPOWERLIFTING CURRICULUM AGONISTICO FABIO PRESCIMONE - 1975

CHAMPIONSHIP	FED.	DATE	LOCATION	NR	AGE CLASS	WEIGHT CLASS	kg PERS. WEIGHT	WILKS COEFF	SQUAT			BENCH PRESS			DEADLIFT			TOTAL			WILKS PTS
									kg	AGE	OPEN	kg	AGE	OPEN	kg	AGE	OPEN	kg	AGE	OPEN	
TROFEO RAW STACCO DA TERRA	FIPL	10 marzo 2012	Ferrara - ITALY	02	Senior	Raw -74 kg	72,60	0,7293							190,0		11th	190,0		11th	138,57
TROFEO RAW DISTENSIONE SU PANCA	FIPL	10 dicembre 2011	Livorno - ITALY	01	Senior	Raw -74 kg	72,00	0,7337				117,5		4th				117,5		4th	86,21

