

JOYPOWERLIFTING CURRICULUM AGONISTICO LORENZO BONAZZI - 1990

CHAMPIONSHIP	FED.	DATE	LOCATION	NR	AGE CLASS	WEIGHT CLASS	kg PERS. WEIGHT	WILKS COEFF	SQUAT			BENCH PRESS			DEADLIFT			TOTAL			WILKS PTS
									kg	AGE	OPEN	kg	AGE	OPEN	kg	AGE	OPEN	kg	AGE	OPEN	
COPPA ITALIA POWERLIFTING	FIPL	20 ottobre 2013	Terni - ITALY	05	Junior	+83 kg	92,10	0,6311	252,5	6th		170,0	5th		240,0	6th		662,5	6th		418,10
COPPA ITALIA POWERLIFTING	FIPL	28 ottobre 2012	Livorno - ITALY	04	Junior	+74 kg	90,60	0,6363	240,0	6th		170,0	6th		225,0	10th		635,0	6th		404,05
CAMPIONATO ITALIANO ASSOLUTO POWERLIFTING	FIPL	21 aprile 2012	Terni - ITALY	03	Junior	-93 kg	90,10	0,6380	227,5	2nd	10th	165,0	1st RJ	5th	215,0	3rd	14th	607,5	3rd	9th	387,59
CAMPIONATO ITALIANO ASSOLUTO STACCO DA TERRA	FIPL	10 marzo 2012	Ferrara - ITALY	02	Junior	-93 kg	88,10	0,6455							205,0	4th	15th	205,0	4th	15th	132,33
CAMPIONATO ITALIANO ASSOLUTO DISTENSIONE SU PANCA	FIPL	10 dicembre 2011	Livorno - ITALY	01	Junior	-93 kg	90,10	0,6380				165,0	2nd	13th				165,0	2nd	13th	105,27

