

JOYPOWERLIFTING CURRICULUM AGONISTICO VLAD ANTONIU MUDURA - 1989

CHAMPIONSHIP	FED.	DATE	LOCATION	NR	AGE CLASS	WEIGHT CLASS	kg PERS. WEIGHT	WILKS COEFF	SQUAT			BENCH PRESS			DEADLIFT			TOTAL			WILKS PTS
									kg	AGE	OPEN	kg	AGE	OPEN	kg	AGE	OPEN	kg	AGE	OPEN	
CAMPIONATO ITALIANO ASSOLUTO POWERLIFTING	FIPL	27 aprile 2014	Ancona - ITALY	06	Senior	-93 kg	84,73	0,6595	255,0		11th	140,0		18th	250,0		11th	645,0		16th	425,38
CAMPIONATO ITALIANO ASSOLUTO STACCO DA TERRA	FIPL	9 marzo 2014	Milano - ITALY	05	Senior	-83 kg	82,79	0,6685							247,5		10th	247,5		10th	165,45
COPPA ITALIA POWERLIFTING	FIPL	20 ottobre 2013	Terni - ITALY	04	Senior	-93 kg	83,50	0,6651	240,0	4th		140,0	10th		240,0	6th		620,0	4th		412,36
CAMPIONATO ITALIANO ASSOLUTO POWERLIFTING	FIPL	28 aprile 2013	Parma - ITALY	03	Senior	-74 kg	73,70	0,7214	210,0		7th	130,0		8th	230,0		7th	570,0		6th	411,20
CAMPIONATO ITALIANO ASSOLUTO STACCO DA TERRA	FIPL	10 marzo 2013	Trento - ITALY	02	Senior	-74 kg	74,00	0,7193							230,0		9th	230,0		9th	165,44
COPPA ITALIA POWERLIFTING	FIPL	28 ottobre 2012	Livorno - ITALY	01	Junior	+74 kg	81,00	0,6774	190,0	12th		115,0	10th		195,0	14th		500,0	12th		338,70

