

JOYPOWERLIFTING CURRICULUM AGONISTICO FABIO PRESCIMONE - 1975

CHAMPIONSHIP	FED.	DATE	LOCATION	NR	AGE CLASS	WEIGHT CLASS	kg PERS. WEIGHT	WILKS COEFF	SQUAT			BENCH PRESS			DEADLIFT			TOTAL			WILKS PTS
									kg	AGE	OPEN	kg	AGE	OPEN	kg	AGE	OPEN	kg	AGE	OPEN	
COPPA ITALIA POWERLIFTING	FIPL	20 ottobre 2013	Terni - ITALY	05	Senior	-83 kg	76,30	0,7042	200,0		8th	120,0		10th	210,0		8th	530,0		8th	373,23
COPPA ITALIA POWERLIFTING	FIPL	28 ottobre 2012	Livorno - ITALY	04	Senior	-83 kg	76,90	0,7005	180,0		out	0,0		out	190,0		out	0,0		out	0,00
TROFEO NAZIONALE RAW POWERLIFTING	FIPL	15 giugno 2012	Ancona - ITALY	03	Senior	Raw -74 kg	72,20	0,7322	175,0		4th	110,0		9th	190,0		10th	475,0		8th	347,80
TROFEO NAZIONALE RAW STACCO DA TERRA	FIPL	10 marzo 2012	Ferrara - ITALY	02	Senior	Raw -74 kg	72,60	0,7293							190,0		11th	190,0		11th	138,57
TROFEO NAZIONALE RAW DISTENSIONE SU PANCA	FIPL	10 dicembre 2011	Livorno - ITALY	01	Senior	Raw -74 kg	72,00	0,7337				117,5		4th				117,5		4th	86,21

